

Our Team:	
Doctors: Dr Sagar Dhanani Dr Jyoti Singh Dr Umbreen Khan	Nurses: Donna Fleming Rebecca Mandimutsira
Admin Staff Practice Manager: Laura Tyrrell Medical Secretary: Preeti and Joanne Reception Staff: Susan, Sally, Tashan and Sunita Administration: Mamta, Kulvinder, Julie, Andreea	

The High Street Practice
 Yiewsley Health Centre
 20 High Street
 Yiewsley
 UB7 7DP
 Phone: 01895 422 292
 E-mail:
 nhsnwccg.highstreetpractice@nhs.net
 Website:
 www.yiewsleyhighstreetpractice.co

The Practice consists of a well established team of caring doctors, nurses and administrative staff.

We aim to provide a high standard of care to our patients with emphasis on healthy

Opening Hours:
 Monday 8am to 6.30pm
 Tuesday: 8:am to 6.30pm
 Wednesday: 8am to 6.30pm
 Thursday: 8am to 6.30pm
 Friday: 8am to 6.30pm

The Telephone Lines are closed between 1:00 pm and 2:00 pm Monday to Friday but the doors remain open

Named GP

Dr Sagar Dhanani is the Named GP for all patients registered at The High Street Practice. This is a formality but you can see any doctor of your choice. It is recommended that you see the same doctor if your problem is ongoing.

If you have any feedback on this Newsletter please give this to the practice manager in person, writing or email to nhsnwccg.highstreetpractice@nhs.net

The High Street Practice Newsletter

Some of our Services:

- Diabetic Clinic
- Diabetic Group Consultations
- Asthma Clinic
- COPD Clinic
- Post Natal Clinic
- Family Planning and contraception
- Wound Care & Stitch removal
- Travel advice and vaccinations
- Community Paediatric Matron
- NHS Health Checks
- Paediatric Phlebotomy
- Adult Phlebotomy

Flu and Covid Clinics

We will be holding Flu and Covid vaccination clinics on Saturday 1st for over 50s only and Saturday 15th October for over 18s only. Both clinics are between 8.30am and 12.30pm.

Requesting Medication

If you rely on your regular pharmacy ordering your repeat medication, they are no longer providing this service.

You will need to order the medication yourself by one of the following methods;

- Via Patient Access—ask at reception for your unique log in details.
- Coming to the surgery to complete a repeat medication slip
- You can email a request to nhsnwccg.highstreetpractice@nhs.net

We do not accept these requests over the phone

Patches

Patches is a clever software that allows you to quickly and safely get help and advice from our GPs and staff online, for free, from anywhere.

It is a form-based online consultation & triage platform that collects your medical or administrative request and sends it through to your us to triage and decide on the right care for you and everyone else.

It can be accessed via our website: yiewsleyhighstreetpractice.co.uk during our opening hours.

Additional Services Provided by Colne Union Network

Please contact reception to book with one of these healthcare professional professionals

Social Prescribing Link Worker

A Social prescribing link work (SPLW) can help you with the following

- Support your mental wellbeing
- Live healthy
- Support with housing issues
- Become more socially connected

Our SPLW runs peer support groups every Monday and Tuesday online.

Contact reception to book your appointment.

Dietician

Our dietician can help you with the following

- Tummy problems such as IBS
- Food allergies or intolerances
- Managing Type 1 and Type 2 diabetes
- Support with feeding your baby or child
- Putting on weight lost due to illness
- Managing medical conditions such as raised cholesterol or high blood pressure
-

First Contact Mental Health Practitioner

Mental Health practitioner can help you:

- Alleviate time spent on mental health consultations
- Improve your journey and overall experience
- Faster access to appropriate mental health expertise
- Early detection of mental health activities.

Pharmacy Technician

A Pharmacy technician can help you with the following.

- Synchronise your medication
- Advise on over the counter medication
- Blood pressure checks
- NHS health checks
- Update your medication list following discharge from hospital

Clinical Pharmacist

Clinical Pharmacist can help you with the following;

- Get the best out of your medication
- Understand what meds you are on and why you are taking them
- Helping you manage long term chronic conditions
- Helping you with an queries concerns re your medications
- Updating or reconciling your meds from hospital

First Contact Physiotherapist

A First contact Physiotherapist (FCP) can help with the following:

- Education and advise on pain management without medication
- Assess and diagnose new injuries
- Refer you to treatment based physiotherapy or orthopaedics if needed
- Discussing how to get you exercising or active again.

Health and well being coach

A health and well being coach (H&WB coach) can help with a range of problems:

- Type 2 diabetes
- Weight Management
- Bereavement
- Non diabetic hyperglycaemia
- Smoking cessation

Diabetes Virtual Group Consultations

There is additional support for our type 2 diabetics. We hold 3 sessions over a 12 week period run by GPs, health and well being coaches, nurses and pharmacist to provide support and guidance in a group setting.

This type of supportive environment has proven very beneficial for patients and can help put your diabetes in remission.

Contact the practice today and reception can take a message to send you an invite. They are held on Thursdays at 1pm.

Out of Hours Access

There are now appointments with GPs, nurses and HCAs available to book outside of the core working practice opening hours. Ask at reception desks for availability.

Mondays to Fridays 6.30pm to 8.30pm

Location: Yiewsley Health Centre, West Drayton

Weekends: 8am to 6.30pm

Uxbridge health Centre , George Street

Patient Participation Group

We are looking for volunteers to join our patient participation group.

It is not a platform to complain but to provide constructive feedback and bring ideas to the table/forum.

We do hold face to face but can hold virtually if we have enough interest.

Please email the practice manager on nhsnwccg.highstreetpractice@nhs.net if interested